



THE INSTITUTE FOR KNOWLEDGE TRANSLATION IN REHABILITATION

Essential Skills for Knowledge Translation Practitioners

Includes online education, group mentoring, and resources to provide an in-depth introduction to knowledge translation (KT) for practitioners looking to bridge the gap between research and real-world application.

Online course start date: September 14, 2026

Mentoring Sessions (12:00 PM ET): October 6, November 3, November 17, 2026



ABOUT THE INSTITUTE FOR KNOWLEDGE TRANSLATION

Research indicates that traditional methods of providing education, such as in-person and online continuing education courses, may improve knowledge and skill but they do very little to change the care provided in clinical practice. The Institute for Knowledge Translation (iKT) provides an innovative and evidence-based solution to maximize the impact of education and quality improvement efforts. The iKT offers a variety of evidence-based knowledge translation programs, from comprehensive educational packages to help individuals build knowledge to comprehensive solutions to assist healthcare organizations in improving clinical practice.

PROGRAM OVERVIEW

This course provides an in-depth introduction to knowledge translation (KT) for practitioners looking to bridge the gap between research and real-world application. Participants will develop core competencies to effectively implement evidence-based practices within healthcare, education, and other professional settings. The course covers foundational KT frameworks, pre-implementation strategies, and practical skills such as team building, data-driven decision-making, and stakeholder engagement. Additionally, participants will learn how to navigate power dynamics, foster collaboration, and develop actionable plans for sustainable implementation. Designed for professionals new to knowledge translation or those seeking to enhance their skills, this course combines self-paced learning with interactive synchronous facilitation sessions to reinforce applied learning. By the end of the course, participants will be able to identify key barriers and facilitators in implementation, engage teams effectively, and translate evidence into actionable steps. This course provides essential knowledge for practitioners at the forefront of evidence-based decision-making and serves as a foundation for advanced KT training.

This is an introductory level course.

PROGRAM OBJECTIVES

At the conclusion of this program, participants will be able to:

1. Describe the fundamental principles and frameworks of knowledge translation.
2. Identify key barriers and facilitators in the pre-implementation phase of KT.
3. Develop and implement strategies for building and managing effective KT teams.
4. Demonstrate skills in facilitating meetings, discussions, and stakeholder engagement.
5. Apply techniques to navigate power dynamics and foster trust in KT initiatives.
6. Utilize data-driven decision-making strategies to enhance KT implementation.
7. Design an actionable pre-implementation plan tailored to their professional context.
8. Reflect on real-world case studies to extract lessons and best practices for future KT applications.

FACULTY



Jennifer Moore PT, DHSc, NCS is an advisor to the South Eastern Norway Center for Knowledge Translation in Rehabilitation and the founder of The Institute for Knowledge Translation. Her current work and research is focused on the selection and implementation of evidence-based practices within hospital systems and across networks of hospitals in the United States and in Norway. Previously, Dr. Moore was the Clinical Practice Leader of Neurologic Physical Therapy at the Rehabilitation Institute of Chicago where she conducted implementation projects within all levels of care. She also created the Rehabilitation Measures Database (www.rehabmeasures.org), which is a free, online repository of summaries of psychometric properties and clinical utility of over 400 assessments used in rehabilitation. Dr. Moore is an author of the APTA sponsored Clinical Practice Guideline on a core set of outcome measures for neurologic physical therapy, and was the Guest Editor for the Journal of Neurologic Physical Therapy Special Issue on Knowledge Translation.



Wendy Romney, PT, DPT, PhD is an Associate Professor at Sacred Heart University, teaching courses on physical therapy examination and treatment of patients with neurological disease and dysfunction and medically complex issues. Dr. Romney's research focuses on knowledge translation and improving the use of outcome measures in PT practice. She is a Board Certified Neurologic Clinical Specialist and continues to practice at Gaylord Specialty HealthCare, Wallingford, CT and the Center for Excellence in Neurologic Health at Sacred Heart University treating patients with neurologic disease and medically complex issues. She is the Director of Practice for the ANPT and a member of the SCI EDGE workgroup. She is past chair of the programming committee for the CT APTA and past member of the Knowledge Translation Taskforce for the Core Set of Outcome Measures Clinical Practice Guideline.

All faculty disclosures are reviewed by the Institute for Knowledge Translation in accordance with organizational policies. Jenni Moore, PT, DHSc, NCS, is the Founder and Owner of the Institute for Knowledge Translation (iKT). No other relevant financial or non-financial relationships related to the content of this course were disclosed.

PROGRAM REGISTRATION, PRICING, AND CEUS

The intended audience for this course includes physical therapists, occupational therapists, and nurses who are interested in leading implementation of EBP initiatives. Registration is available on knowledgetranslation.org for \$449 per person. The fees cover the 7 module online course, 3-hours of online meetings with faculty, and several tools and resources to help clinicians implement evidence-based practices. Discounts are available for > 5 registrations from the same organization. Please contact jmoore@knowledgetranslation.org for details.

The course is approved for 11.0 CEUs from the Indiana Physical Therapy Association (Approval # 006987887C3149). Participants are responsible for transferring CEUs for approval in other states.

CANCELLATION POLICY

Cancellations must be provided in writing and must be provided 30 days prior to the start date for the implementation program. Refunds will be provided, however, a 15% administrative fee may be retained. The Institute for Knowledge Translation (iKT) reserves the right to change programs or cancel for due cause. If the iKT cancels the implementation program, a full refund will be provided.

COURSE OUTLINE

Dates	Activity	Description
September 14th - October 6th, 2026	Survey & Part 1 of online course	<p>Course released on September 14th, 2026. Participants will complete a 15-minute survey on current knowledge, perspectives, and use of high-intensity variable gait training. Barriers and facilitators to use of this practice will also be collected.</p> <p>Participants will take the first component of the online course material. Part 1 consists of 3 Online Course Modules, self-paced content split into short (10-20 minute) segments.</p> <p>Module 1: The Role of a Knowledge Translation Practitioner Module 2: Foundations of Knowledge Translation Module 3: Pre-Implementation Strategies</p>
October 6th, 2026	Online mentoring sessions (12-1 PM ET)	<p>1- hour mentoring session Session 1: Facilitating Challenging Conversations</p> <p>Participants will attend online discussions about the application of Knowledge Translation in practice (patient-related questions, application to practice, barriers, facilitators, and other participant questions will be addressed).</p>
October 6th- November 3rd, 2026	Part 2 of online course	<p>Participants will take the second component of the online course material. Part 2 consists of 2 Online Course Modules, self-paced content split into short (10-20 minute) segments.</p> <p>Module 4: Building the Implementation Team Module 5: Core Skills for Knowledge Practitioners</p>
November 3rd, 2026	Online mentoring sessions (12-1 PM ET)	<p>1- hour mentoring session Session 2: Building an Action Plan for the Pre-Implementation Phase</p> <p>Participants will attend online discussions about the application of Knowledge Translation in practice (patient-related questions, application to practice, barriers, facilitators, and other participant questions will be addressed).</p>
November 3rd - November 17th, 2026	Part 3 of online course	<p>Participants will take the last component of the online course material. Part 3 consists of 2 Online Course Modules, self-paced content split into short (10-20 minute) segments.</p> <p>Module 6: Power and Trust in Collaboration Module 7: Applied Practice in Knowledge Translation</p>
November 17th, 2026	Online mentoring sessions (12-1 PM ET)	<p>1- hour mentoring session Session 3: Reflection and Integration</p> <p>Participants will attend online discussions about the application of Knowledge Translation in practice (patient-related questions, application to practice, barriers, facilitators, and other participant questions will be addressed).</p>